

Columbus	Copenhagen	Helsinki	Oslo	Reykjavik	Stockholm
 14 -5 °F	 43 39 °F	 31 26 °F	 29 26 °F	 31 27 °F	 33 26 °F
Overcast	Rain	Fog	Snow	Snow Showers	Partly Cloudy

January 2015

coming soon

Feb 21

Danish Fastelavn &
Greenland Night

Mar 21

Swedish Night



Syforeningen

Tues Jan 20 @7pm
Svendsen residence
1826 Marblecliff
Crossing Court



ScandiKaffe

Thu Jan 23 @9:30am

La Chatelaine

627 High Street
Worthington



Scandi

Wed Feb 4th @ 6pm
TBD

this month Restaurant Dinner

What Nordic snowy beauty has arrived this Month. Our 2015 kick-off event this January will be overlooking downtown Columbus. Please join us for the Dinner and during this traditionally slower month to visit and share how your holidays were spent. We can enjoy the beautiful water views with the backdrop of our metropolitan city.



Saturday January 17 6pm

The Boat House at Confluence Park

679 West Spring Street
Columbus, OH 43214

\$25 cost includes: Appetizer-Saffron Shrimp Toast, Havarti on rye with mustard dill sauce
Entrée-Salmon fillet or Herb-roasted pork loin, Hasselback potatos, Roasted cauliflower gratin. Vegetarian option (advanced request only) and Non-alcoholic Drink

Please RSVP to Ruth Briland
614.208.1375 or email
ruth.briland@gmail.com

Tax, gratuity and anything else ordered are **not included and will cost extra.**

Hot Water, Good Times! By Kristin Jónsson

When most people think of Iceland, certain things jump to their minds: glaciers, waterfalls, geysers, volcanoes, and elves. But I would be remiss not to inform you of the amazing swimming opportunities available in Iceland. You see - the geothermal activity that causes air travel to be disrupted during volcanic eruptions, also causes the formation of hot springs and naturally heated ponds and lakes.

Here is a picture of my favorite place in Iceland, the Blue Lagoon.



The geothermally heated water originates 2000 meters below the surface and is a mix of seawater and freshwater. A nearby power plant drills down to retrieve the water, using its heat to create electricity and provide hot water for nearby communities.

On its way to the surface, silica and minerals are dissolved in the water, which give it special healing properties. People literally travel from across the world to experience these benefits. But personally, I just enjoy lounging around in the 100° F soothing water.

If you don't have time to get to the Blue Lagoon, never fear! Just about every city and town in Iceland boasts at least one city pool.



This tiny hot pot is called a fótbað, a foot bath, and, as you can see, it is aptly named. Here is one I visited this summer. The water was warm and the view was magnificent.

They are all geothermally heated and the happy traveler can lounge around in one of the tubs, take a steam bath, play on the slides and other fun equipment, or, actually swim laps! These pools are so warm that they are open all winter long. The water feels wonderful, but I recommend a quick sprint to the pool, as the air temperature can be cold. In case money is an issue, the frugal traveler should be aware that there are a plethora of hot springs and hot tubs all over Iceland that are absolutely free! They come in all sizes.



Here is a picture of my favorite Reykjavik pool, Laugardalslaug

words

from the President

by Caitlin Kilkka

Christmas was magical this year with our 12-month old Henrik and his almost 12-month old cousin Graham running around at their grandparents' home. The two boys loved exploring the new surroundings, whether ripping paper off of presents, removing low-hanging ornaments or just teasing the sleepy doggy.



After the holiday season and its excitement and warm cheer are over, January can seem dark, cold and sometimes dreary by comparison. Living so far north, some Scandinavians experience winter depression, and those diagnosed with Seasonal Affective Disorder (SAD) may try treatments like light boxes or therapy.

But for a case of the mild winter blues, I would personally recommend bundling up and breathing the crisp air, planning that next holiday or vacation, and of course enjoying a delicious dinner at The Boat House with the Scandinavian Club!

Sincerely,
Caitlin



Nordic Beer Initiative

Nordic Beer veterans **Per Kølster** and **Anders Kissmeyer** have created a "Nordic Beer Initiative" designed to encourage the brewing of beer using only ingredients grown and processed in the breweries locale. They established a manifesto which states, in part, that "As beer is an essentially important and historic part of Nordic food and drink culture, Nordic Beer will create new styles that draw their character from the Nordic terroir expressed through Nordic brewing traditions.

These brews must express the purity, freshness and sustainability that characterize nature in the Nordic countries."

Because the Nordic growing conditions are too variable to ensure a good and steady yield for the commercial hop varieties, the group has been finding inspiration in the 'gruits' and 'gruit beers' that were the only ones brewed in the Nordic countries before the introduction of hops in the Middle Ages. Additionally, they are exploring the possibilities of designing new hop substitutes more suitable to the climate.

The group has launched an official Nordic Beer Facebook profile with the intention of using the platform for communicating results, news and events related to Nordic Beer, and have invited everyone to use it as the preferred medium for exchanging views, ideas and experiences within the field of Nordic Beer. Find it at:

<https://www.facebook.com/groups/594635687226715/permalink/622709037752713/>

Last Event

A December event to remember! What a great turnout and the program was beautiful. Thank you again Margot Whipps.



Music by Max

Swedish songwriter Max Martin has written and co-written 19 Billboard Hot 100 number-one hits since 1999. Many of these top songs he has also produced or co-produced. Martin is the songwriter with third most number one singles on the charts, behind only Paul McCartney (32) and John Lennon (26). As a producer he holds the record for second-most number one singles on the chart with 17 behind George Martin (23).



Martin, 43 grew up making music in Stenhamra, Ekerö Municipality, a suburb of Stockholm. Martin was a student of Sweden's much-lauded public music-education program and has said he had "public music education to thank for everything."

Martin has written and produced hit songs for the likes of Taylor Swift, Britney Spears, Maroon 5, Katy Perry, Bon Jovi, Celine Dion, Kelly Clarkson and others. Most recently he has produced a commercial for Volvo titled "Made by Sweden" featuring the Swedish national soccer team captain, Zlatan Ibrahimovic.

The commercial features Zlatan reciting the words to a reworked version of the Swedish national anthem, Du Gamla, Du Fria with music by Max Martin.

Membership Directory Corrections

1. Diane Clark's correct street address number is **3041 Willowbrook Way**
2. Marilyn Johnson's email: masjohnson27@hotmail.com
3. Lisa Harlaug's email: lohartaub@gmail.com
4. Kristin & Stein Jonsson's daughter is **Kristine**.

Happy New Year Quiz

Scandinavian Road Signs You're Not Used To Seeing

Driving in a foreign country can be challenging. Besides the fact that the local driving culture can be quite different from what we are used to in Ohio, road information is also communicated in their own unique flavor. Yes, the shape of the signs may be familiar, but the symbols can often leave you pondering. American tourists may find themselves quickly slamming on the breaks and looking around when passing a warning sign with a car driving into the ocean.

Below, from left:

1. Ski jumping hill nearby
2. Tunnel ahead
3. Road ends at pier
4. Polar bear may cross the road
5. Moose may cross the road
6. Ski track crossing the road ahead
7. You may run into a *nisse* ahead

(Special dispensation given to the town of Drøbak, with its Yule House and Santa Post Office)

Below are some select Norwegian road signs that you are not likely to see in central Ohio or neighboring counties. The first one is an informational sign, while the next six are warning signs depicting some of the things you need to watch out for while in Norway.

The last sign is also of an informational nature, but is only spotted on rare occasions. We wanted to give you a chance to get better acquainted with Scandinavian road signs, and will draw one select winner from those who send us the right answer. To win a box of Norwegian chocolates, send your answer to

scandinewseditor@gmail.com
or call Holly at (614)204-4411

Prize Question

The brown and white sign below is not only decorative and complex, but the design is a combination of two other Norwegian road signs. **What does this sign mean?**
Bonus Question: Which two other signs are combined to make this symbol?



Deadline
January 15, 2015



2014-2015 BOARD

caitlin kilkka	president	614.777.6293
kristin jönsson	vice president	614.477.3520
bob stevenson	treasurer	614.846.2523
gail svendsen	secretary	614.486.8609
michael lindner	dinner	614.204.9872
carl norén	property	201.320.6212
ruth briland	membership/calling	614.208.1375
holly swanson-layman	communication	614.204.4411
mark poeppelman	resource development	614.425.2268

December		Account Balances as of 12/29/2014			
Pikkujoulu		Checking	\$5,596.10	Money Mkt	\$12,722
Revenue		Expense		Attendance	
Door Fees	\$2,146.00	Facility Rent	\$585.00	Adults	112
Sales	\$0.00	Food	\$947.83	Teens	11
Donation	\$0.00	Program	\$421.23	Children	16
Other	\$0.00	Supplies	\$123.51	Under 7	14
total	\$2,146.00	total P/L	\$68.43	total	153

board business Brief

President – Need an earlier set up time with more board member participation for our biggest event of the year.

VP – A written plan to follow each year will help make the organization easier.

Treasurer – Audits completed & adjustment made for the 2012-2013 & 2013-2014 books. Thank you again to our auditors!

Membership – We had to turn away families at the last minute and there were no shows even though it is a paid event.

Dinner – Dessert will not be served next year at Luciafest due to all the homemade cookies. Gethsemane does not have enough dishes, glasses & chairs for our event. We have outgrown the space. Will purchase a Greenland flag for our February event.

Communications – Welcome packets for new members will now be at our events

Next Board Meeting topics: Prepare for upcoming events & booking the Sailing Club to secure and reserve our space for the Midsummer event.

Take Notice

New members

Lisa Oden Hartlaub & daughter - Annalisa *Westerville*
 Mark & Jenny Orten & daughters - Rebecca,
 Margaret, Eleanor & Lousia *Grandville*

Scantini ** REMINDER **

January 13th @6pm will be our 1st Scantini in 2015

The Ødegaard Residence:

5731 Dover Court Worthington OH 43085

Tjgonde Dag Jul - To honor the tradition of bringing the last of your Christmas food to share. Please RSVP to nicolejpapa@gmail.com

on the Lighter Side



The Nordic way!

Scandinews

January 2015

Scandinavian Club of Columbus
 P.O.Box 14296, Columbus OH 43214

EMAIL
ScandiNewsEditor@gmail.com

CLUB INFO
www.scandiclub.com

FOLLOW US ON FACEBOOK
facebook.com/Scandinavian.Club.of.Columbus

January 17, 2015
 Restaurant Dinner